

# ***CENTRAL VA IONS COMMUNITY GROUP***

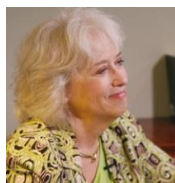
## ***MEETING NOTICE***

***Saturday, July 20, 2019***

***Featuring a talk by Lynn Sparrow Christy***

**Where/When:** St. Mary's Episcopal Church, New Parish Hall, 12291 River Road, Richmond, VA 23238, Saturday, July 20, 2019, 10:00 a.m. to 12:00 noon, followed by potluck lunch at conclusion of program.

**Program Title:** “**Evolutionary Spirituality: Co-Creating with the Field of Infinite Possibilities.**” Our July 20, 2019 program will feature a talk by Lynn Sparrow Christy, Virginia Beach-based mentor, author and presenter.



*What if the deepest meaning of your life is to be found in nearly 14 billion years of evolution?* This lecture/workshop is about the distinctive spiritual path that places our personal spirituality within the wider context of collective evolution. It is a path of co-creatorship that involves us in the development of not only our own lives, but also the evolution of the cosmos, the biological world, and consciousness itself. But what does it really mean to co-create? With what or whom are we co-creating? How much power do we really have to change things? Is it true that we create our own reality, or is that just a New Age fantasy? What does modern science contribute to our understanding of the infinite field of possibilities? Does the law of attraction work? And, more pointedly, why does it so often seem *not* to work? In this session, we will:

- Look at why the radical jump from “spiritual evolution” to “evolutionary spirituality” matters to our world.
- Consider the part we play in the evolution of consciousness.
- Explore the profound difference between fixed expectations and a state of open expectancy.
- See why all visualization practices are not the same.
- Uncover the sabotaging impact of *unconscious* intentions.
- Work with a step-by-step method for co-creating with the infinite field.

Lynn has worked with this material for decades and distills it into a guidebook for a practical 21<sup>st</sup> Century spirituality in her book, *Beyond Soul Growth: Awakening to the Call of Cosmic Evolution*. She loves to share this information and will be presenting key insights and practical takeaways in her presentation for our IONS group.

***Another not-to-be-missed program for all who can attend! See you there!***

**About Our Presenter:** Lynn Sparrow Christy is a mentor, author, and presenter who has been working in the field of spiritual growth and personal healing her entire adult life. Her work has been shaped by deep childhood spiritual connections to that led her through traditional Christian faith to the barrier-shattering work of Edgar Cayce and on to the leading edge thinking that characterizes the contemporary integral/evolutionary movement. Along the way, she has developed an eclectic career as a writer, conference speaker, hypnotherapist-life coach, minister, and trainer. She is trained as a master hypnotherapist, hypnosis trainer, life coach and master N.L.P. practitioner, and also uses qigong and energy medicine. Her books, *Beyond Soul Growth: Awakening to the Call of Cosmic Evolution* (2013), *Reincarnation: Claiming Your Past, Creating Your Future* (1988) and *Edgar Cayce and Christian Faith* (1999), as well as her home-study courses, *Meditation Made Easy* and *How to Discover Your Past Lives*, have all explored leading topics in contemporary spirituality. She is also the developer and mentor for several Internet-based home-learning experiences. Lynn works with individual clients at her Virginia Beach office and via videoconferencing apps. Learn more about Lynn and her services at [AccessYourPotential.net](http://AccessYourPotential.net).

**About Central VA IONS Community Group:** Central VA IONS Community Group is an unincorporated association and a local community group of The Institute of Noetic Sciences, an international association based in Petaluma, California ([www.noetic.org](http://www.noetic.org)). Central VA IONS is not associated with any religion, religious organization, doctrine or set of beliefs or practices. Central VA IONS is entirely dependent upon voluntary donations of its members and friends to support its programs, mailings and other costs, and a love offering is requested at each meeting from those attending. Central VA IONS meetings are held each month at locations announced in its program notices and are open to all. You can read more about us on our website at [www.richmondions.com](http://www.richmondions.com).

### **Upcoming Meetings:**

**August 17, 2019:** Frank Pasciuti, Ph.D., Charlottesville psychotherapist and author, on his new book, *Chrysalis Crisis* (June 2019).

**September 21, 2019:** P.M.H. Atwater, Charlottesville author, on her latest book, *The Forever Angels* (September 3, 2019).

**October 19, 2019:** Robert Bushman, on remote viewing – scientific basis, practical applications + an experiential exercise for all.

**November 16, 2019:** Joanne Kong, Ph.D., UR professor, concert pianist, author and TED Speaker, on *Food That Loves You Back*.